

Barbarians Rugby Academy Development Programme 2021

SIGN UP NOW!

Start date: 10 FEBRUARY

NB: A compulsory meeting is being held for all Academy Students and those wishing to join on: Tuesday 9th February in Pavilion 1 at lunch-time.

Barbarians Rugby Programme outline

Ball skills/ drills, teamwork, scenarios, sequences, Strength & Conditioning, Fitness and Fun

Who: All current and starting Year 9 to 13 students who are interested in playing rugby. All skill levels welcome - you do not need to be currently playing rugby for the school or a club. The programme is suitable for both male and female players.

When: Every Wednesday during Term 1, 3.45-5.15pm @ Otumoetai College

Cost: \$50 per term, includes academy t-shirt

Payment can be made by electronic payment to the school (must reference first name, surname and Rugby Academy). BNZ: 02 0466 0017349 00
This is a school bank account. Other payment methods can be cash or eftpos at the school office (please reference first name, surname and Rugby Academy).

Contact: see Mr Brown or email: rbrown@otc.school.nz

