



## SERIOUS INJURY PROTOCOLS

### **At the Ground:**

Call 111 and arrange for an ambulance to transport the injured player to hospital. Ensure that there is emergency access available to the ground at all times. The amount of force required to knock someone unconscious is similar to that required to cause a spinal injury. If the player is unconscious do not move them before the ambulance/Doctor has arrived UNLESS the player has stopped breathing. If the player has stopped breathing follow the principles of ABC (Airways/Breathing/Circulation) and administer CPR.

### **Following the Match:**

1. A Coach/Manager must complete a serious injury form (see appendix) and return it to Otumoetai College Sports Office within 48 hours for injuries that meet the following criteria:
  - Any head or neck injury that requires the player to be transported directly from the ground to an emergency department, hospital or after hours medical centre .
  - Any injury that results in the admission of a player to hospital (the coach of the injured player must complete a report).
  - Any injury that is expected to prevent a player from playing for a period of 8 weeks or longer
  - Forms e-mailed to [sport@otc.school.nz](mailto:sport@otc.school.nz). The forms will then be sent to our school safety officer