

ÖTC SPORTS GUEST SPEAKER EVENTS



**DR CRAIG
HARRISON**

SPEAKER

ATHLETE DEVELOPMENT

**THURSDAY 7TH MARCH
ÖTŪMOETAI COLLEGE - PAC
6:30PM - 7:30PM**

**ADULTS WORKING WITH
CHILDREN IN SPORTS,
COACHES, MANAGERS, AND
PARENTS**

The Athlete Development Project was founded by Craig Harrison, PhD, a renowned coach and researcher. Craig's singular objective is to assist young athletes in enjoying their beloved sport without experiencing injuries, overtraining, or burnout. Dr Craig Harrison is no ordinary speaker. With his extensive knowledge and practical experience, he delivers thought provoking and insightful presentations for sports parents, coaches, and administrators.



**DR KATIE
SCHOFIELD**

SPEAKER

**FUELING FOR
PERFORMANCE**

**THURSDAY 28TH MARCH
ÖTŪMOETAI COLLEGE - PAC
6:30PM - 7:30PM**

**STUDENT-ATHLETES,
COACHES, MANAGERS, AND
PARENTS**

Dr. Katie Schofield, a Ph.D. holder specializing in Low Energy Availability (LEA) and Relative Energy Deficiency in Sport (RED-S), employs a multi-dimensional approach to health, nutrition, and athletic performance. As a registered nutritionist and former international elite track cyclist, she coaches individuals, offering a personalised approach to improve their overall health, nutrition, and physical performance.



**JAKE
BAILEY**

SPEAKER

BUILDING RESILIENCE

**MONDAY 13TH MAY
ÖTŪMOETAI COLLEGE - PAC
TIMES - TBC**

**STUDENTS, STUDENT-ATHLETES,
COACHES, MANAGERS, AND
PARENTS**

In 2015, facing cancer in a hospital ward, Jake became fascinated by the concept of mental fortitude. After overcoming the illness, he embarked on a quest for knowledge about overcoming adversity—exploring natural resilience, teaching and learning fortitude, and creating individuals who not only recover but grow from setbacks. As a presenter, Jake shares insights gained from positive psychology studies, expert interviews, and personal experiences.

✉ iridgway@otc.school.nz